St. Mary & St. Martha
ANGLICAN CHURCH



GROWING IN CHRISTLIKENESS

Sunday, November 29, 2026
First Sunday of Advent
10:30 am

Welcome to St. Mary & St. Martha!

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

We follow a particular order of service that is grounded in liturgy or "the work of the people", using a liturgical form of service that walks us through the story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the amazing story of God with us.

As a community we seek to experience the power of God in our lives. This involves gathering to worship our Lord and Saviour, then gathering in fellowship and at various events put on by the church. We encourage connections that express the love that flows through God's church through affection, patience, forgiveness, compassion, and serving those in need.

We recognise the enduring presence of Indigenous people connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

The Gathering

Stand

Opening Response

People will see the Son of Man coming in clouds with great power and glory. *Mark 13:26*

The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit be with you all.
And also with you.

Call to Worship: OLo, He Comes with Clouds Descending
Lo, he comes with clouds descending,
Once for favoured sinners slain;
Thousand thousand saints attending
Swell the triumph of his train:
Hallelujah, hallelujah, hallelujah!
God appears on earth to reign.

Every eye shall now behold him,
Robed in dreadful majesty;
All who set at nought and sold him,
Pierced, and nailed him to the tree,
Deeply grieving, deeply grieving, deeply grieving,
Shall the true Messiah see.

Now redemption, long expected,
See in solemn pomp appear;
All his saints, on earth rejected,
Thrill the trumpet sound to hear:
Hallelujah, hallelujah, hallelujah!
See the day of God appear!

Yea, amen, let all adore thee,
High on thine eternal throne;
Saviour, take the power and glory;
Claim the kingdom for thine own:
O come quickly! O come quickly! O come quickly!
Hallelujah! Come, Lord, come!

Welcome *Sit*

The Rev. Canon Mark Regis, Rector

A Call of Advent *Sit/Kneel*

Jesus says, 'I am coming soon.'
Come, Lord Jesus, come.

Come Holy Spirit, fill this place with your presence.
Come, Holy Spirit and fill our hearts.

Merciful God, purify us in the beauty of holiness as we worship your Holy Name.
Come, Lord Jesus, come.

The Collect

Almighty God, give us grace to cast away the works of darkness and to put on the armour of light, now in the time of this mortal life, in which your Son Jesus Christ came to us in great humility; that on the last day, when he shall come again in his glorious majesty to judge the living and the dead, we may rise to the life immortal; through him who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Lighting of the Advent Wreath *Sit*

Blessed are you, sovereign Lord, just and true: to you be praise and glory for ever. Of old you spoke by the mouth of your prophets, but in our days you speak through your Son, whom you have appointed the heir of all things. Grant us, your people, to walk in his light, that we may be found ready and watching when he comes again in glory and judgement; for you are our light and our salvation. Blessed be God for ever.

Youth & Children's Dismissal

Young people are invited to follow their leaders to their program

Hymn: O Come O Come Emmanuel

O come, O come, Emmanuel,
And ransom captive Israel
That mourns in lonely exile here
Until the Son of God appear.

Rejoice! Rejoice!
Emmanuel shall come to you,
O Israel.

O Come, O Wisdom from on high,
Who orders all things mightily;
to us the path of knowledge show,
And teach us in her ways to go.

O come, O dayspring from on high
And cheer us by your drawing nigh;
Disperse the gloomy clouds of night,
And death's dark shadow put to flight.

O come, Desire of nations, bind
In one the hearts of humankind;
O bid our bitter conflict cease,
And be for us our Prince of Peace.

The Word of God

First Reading

Sit

A reading from the prophet Isaiah, chapter sixty-four, beginning at the first verse.

[1]Oh, that you would rend the heavens and come down,
that the mountains would tremble before you!
[2] As when fire sets twigs ablaze
and causes water to boil,
come down to make your name known to your enemies
and cause the nations to quake before you!
[3] For when you did awesome things that we did not expect,
you came down, and the mountains trembled before you.
[4] Since ancient times no one has heard,
no ear has perceived,
no eye has seen any God besides you,
who acts on behalf of those who wait for him.
[5] You come to the help of those who gladly do right,
who remember your ways.
But when we continued to sin against them,
you were angry.
How then can we be saved?
[6] All of us have become like one who is unclean,
and all our righteous acts are like filthy rags;

we all shrivel up like a leaf,
and like the wind our sins sweep us away.
7 No one calls on your name
or strives to lay hold of you;
for you have hidden your face from us
and have given us over to our sins.
8 Yet you, LORD, are our Father.
We are the clay, you are the potter;
we are all the work of your hand.
9 Do not be angry beyond measure, LORD;
do not remember our sins for ever.
Oh, look upon us we pray,
for we are all your people.

Isaiah 64:1-9

This is the word of the Lord.
Thanks be to God.

Psalm

Psalm 80 will be read responsively, by whole verse.

1 Hear, O Shepherd of Israel,
you that led Joseph like a flock;
2 **Shine forth, you that are enthroned upon the cherubim,**
before Ephraim, Benjamin and Manasseh.
3 Stir up your mighty strength
and come to our salvation.
4 **Turn us again, O God;**
show the light of your countenance, and we shall be saved.

5 O Lord God of hosts,
how long will you be angry at your people's prayer?
6 You feed them with the bread of tears;
you give them abundance of tears to drink.
7 You have made us the derision of our neighbours,
and our enemies laugh us to scorn.
17 Let those who burnt it with fire, who cut it down,
perish at the rebuke of your countenance.
18 Let your hand be upon the man at your right hand,
the son of man you made so strong for yourself.
19 And so will we not go back from you;
give us life, and we shall call upon your name.

Psalm 80:1-7, 17-19

Glory to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be, world without end.
Amen.

<u>Second Reading</u>

A reading from the first letter to the Corinthians, chapter one, beginning at the third verse.

3 Grace and peace to you from God our Father and the Lord Jesus Christ.
4 I always thank my God for you because of his grace given you in Christ
Jesus. 5 For in him you have been enriched in every way – with all kinds of
speech and with all knowledge – 6 God thus confirming our testimony
about Christ among you. 7 Therefore you do not lack any spiritual gift as
you eagerly wait for our Lord Jesus Christ to be revealed. 8 He will also
keep you firm to the end, so that you will be blameless on the day of our
Lord Jesus Christ. 9 God is faithful, who has called you into fellowship with
his Son, Jesus Christ our Lord.

1 Corinthians 1:3-9

This is the word of the Lord.
Thanks be to God.

Gospel Acclamation: Prepare the Way *Stand*
Prepare the way of the Lord,
Prepare the way of the Lord,
And all people will see the salvation of our God.

Gospel Reading
Hear the Gospel of our Lord Jesus Christ according to Mark, chapter thirteen, beginning at the twenty-fourth verse.
Glory to you, O Lord.

24 ‘But in those days, following that distress,
‘“the sun will be darkened,
and the moon will not give its light;
25 the stars will fall from the sky,
and the heavenly bodies will be shaken.”
26 ‘At that time people will see the Son of Man coming in clouds with great power and glory. 27 And he will send his angels and gather his elect from the four winds, from the ends of the earth to the ends of the heavens.
28 ‘Now learn this lesson from the fig-tree: as soon as its twigs get tender and its leaves come out, you know that summer is near. 29 Even so, when you see these things happening, you know that it is near, right at the door.
30 Truly I tell you, this generation will certainly not pass away until all these things have happened. 31 Heaven and earth will pass away, but my words will never pass away.
32 ‘But about that day or hour no one knows, not even the angels in heaven, nor the Son, but only the Father. 33 Be on guard! Be alert! You do not know

when that time will come. [34] It's like a man going away: he leaves his house and puts his servants in charge, each with their assigned task, and tells the one at the door to keep watch.
[35] 'Therefore keep watch because you do not know when the owner of the house will come back – whether in the evening, or at midnight, or when the cock crows, or at dawn. [36] If he comes suddenly, do not let him find you sleeping. [37] What I say to you, I say to everyone: "Watch!"'

Mark 13:24-37

This is the Gospel of the Lord.
Praise to you, O Christ.

Gospel Acclamation *continued*

Sermon *Sit*

The Rev. Canon Mark Regis, Rector
You can also view our sermons again online at stmaryandstmartha.org

Reflection: Instrumental

The Nicene Creed *Stand*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Hymn: Come, Thou Long-expected Jesus

Come, thou long expected Jesus,
born to set thy people free;
from our fears and sins release us,
let us find our rest in thee.

Israel's strength and consolation,
hope of all the earth thou art;
dear desire of every nation,
joy of every longing heart.

Born thy people to deliver,
born a child and yet a King,
born to reign in us forever,
now thy gracious kingdom bring.

By thine own eternal spirit
rule in all our hearts alone;
by thine all sufficient merit,
raise us to thy glorious throne.

Prayers of Intercession *Sit/Kneel*

As we begin this season of Advent, we hear Christ's call to watch and to pray; to lift our eyes to the One who comes in power and great glory, and to hold before him the needs of a world that groans for his redemption. Let us bring before Almighty God the concerns of his Church and of his world, trusting in his faithfulness and his goodness. We pray through Jesus Christ, who is the same yesterday, today, and for ever, responding to the petition, 'Lord in your mercy', with 'Hear our prayer.'

Heavenly Father, in this Advent season we live in a world still longing to be made whole. We pray for all who live in the shadow of war and violence; for every place where the strong prey upon the weak and justice is denied. Grant wisdom and courage to those who hold power among the nations; and where human authority fails, remind us that the kingdoms of this world shall ultimately give way to the kingdom of your Son. Come, Lord Jesus, and let your justice roll like a river.
Lord in your mercy, **Hear our prayer.**

Lord of the Church, as your people in every land prepare to receive once more the Word made flesh, we pray for the whole body of Christ; for our brothers and sisters who worship in freedom and for those who do so at great cost. We pray for our bishops, priests, deacons, and all who lead your people in this watching, waiting time; that they may lead with clarity and shepherd with compassion. Strengthen St. Mary & St. Martha, and every local congregation to be a sign of your coming kingdom, holding fast in faith until the day you bring all things to completion. In our beloved parish family, we bring before you these members with thanksgiving: Joyce Greenaway; Edith Harford; Hector, Jackie, Krystle and Romario Harris. May we all serve together as a place of genuine welcome and peace — a light in the darkness, pointing to the Light that no darkness can overcome.

Lord in your mercy, **Hear our prayer.**

Merciful Father, as we move towards the Christmas season we remember before you all who find this Advent season heavy; those who are ill in body or in mind, those whose grief is fresh, and those for whom loneliness presses hardest. We pray for those who care for the vulnerable, often at significant personal cost. Draw near to each one, as you have promised; and grant that in their watching and their waiting, they may know themselves held in your everlasting arms.
Lord in your mercy, **Hear our prayer.**

Eternal God, we give thanks for all who have kept the faith to the end of their earthly journey, who now await with us the fulfilment of your promises. We remember those whom we have loved and see no longer, and we pray your comfort upon them and all who mourn. Grant us all, the sure and certain hope of resurrection; that great gathering of which your Son has spoken, when he shall come in glory to make all things new.
Lord in your mercy, **Hear our prayer.**

Almighty and eternal God, you have called us to watch, to pray, and to hold one another before your throne of grace. Receive these prayers, offered in faith and in hope, and by the power of your Holy Spirit conform all things to the will of your Son, our coming King, Jesus Christ.

Merciful Father, **accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.**

Confession & Absolution *Sit/Kneel*

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace *Stand*

The peace of the Lord be always with you.
And also with you.

Offertory

In our offertory, we offer our praise and thanksgiving and the gifts of ourselves and our service to the glory of God. To financially support the ongoing gospel ministry of St. Mary & St. Martha you can donate as the plate is passed or find options on our website at: ***www.stmaryandstmartha.org/give***

Offertory Choir Anthem: Hark! A Herald Voice is Calling *Sit*

The Doxology
Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.

Prayer over the Gifts

God of love and power, your word stirs within us the expectation of the coming of your Son. Accept all we offer you this day, and sustain us with your promise of eternal life. We ask this in the name of Jesus Christ our Lord. **Amen.**

Prayer of Consecration *Stand*

The Lord be with you.
And also with you.
Lift up your hearts.
We lift them to the Lord.
Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; we give you thanks and praise through Jesus Christ our Lord, who in the fullness of time came among us in our flesh, and opened to us the way of salvation. Now we watch for the day when he will come again in power and great triumph to judge this world, that we, without shame or fear, may rejoice to behold his appearing. Therefore we praise you, joining our voices with angels and archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your name.

Holy, holy, holy Lord,
God of power and might,
Heaven and earth of your glory are full.
Hosanna, hosanna, hosanna in the highest.

Blessed is he who comes in the name of the Lord.
Blessed is he who comes in the name of the Lord!

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, " Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

we remember his death,
we proclaim his resurrection,
we await his coming in glory;

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer

Let us pray with confidence as our Saviour has taught us.

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of Bread

God of promise, you prepare a banquet for us in your kingdom.
Happy are those who are called to the supper of the Lamb.

The gifts of God for the people of God.
Thanks be to God.

Communion

Sit

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Please follow the directions of our welcome team. If you are not yet baptized, or wish a prayer of blessing, please cross your arms over your chest as you come forward. Gluten-free wafers are available upon request from the communion administrant. For those worshipping online, our prayers and invitation are extended to you in Spirit as we gather at the Lord's Table.

Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, have mercy on us.
Lamb of God, you take away the sin of the world, grant us peace.

Communion Worship: Come, Let Us Eat *Sit*

Come, let us eat, for now the feast is spread. x2
Our Lord's body let us take together. x2

Come, let us drink, for now the wine is poured. x2
Jesus' blood poured let us drink together. x2

In his presence now we meet and rest. x2
In the presence of our Lord we gather. x2

Rise, then, to spread abroad God's mighty word. x2
Jesus risen will bring in the kingdom. X2

Communion Worship: Jesus, the Very Thought of Thee *Sit*

Jesus, the very thought of thee,
with sweetness fills the breast;
but sweeter far thy face to see,
and in thy presence rest.

No voice can sing, no heart can frame,
Nor can the mind recall
a sweeter sound than Jesus' name,
the Saviour of us all.

O hope of every contrite heart,
O joy of all the meek;
to those who ask, how kind thou art,
how good to those who seek!

But what to those who find? Ah, this
nor tongue nor pen can show;
the love of Jesus, what it is
none but his lovers know.

Jesus, our only joy be thou,
as thou our prize wilt be;
in thee be all our glory now,
and through eternity.

Prayer After Communion *Sit/Kneel*

O Lord our God, make us watchful and keep us faithful as we await the coming of your Son our Lord; that, when he shall appear, he may not find us sleeping in sin but active in his service and joyful in his praise; through Jesus Christ our Lord. **Amen.**

All your works praise you, O Lord.
And your faithful servants bless you.

Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, whom the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. Amen.

The Blessing

Christ the Sun of Righteousness shine upon you, scatter the darkness from before your path, and make you ready to meet him when he comes in glory; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Announcements *Sit*

Closing Worship: Glorious Things of Thee Are Spoken *Stand*

Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.
On the rock of ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou mayest smile at all thy foes.

See! The streams of living waters,
springing from eternal love,
well supply thy sons and daughters
and all fear of want remove.
Who can faint, when such a river
ever flows their thirst to assuage?
Grace, which like the Lord, the giver,
never fails from age to age.

Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering --
showing that the Lord is near.
Thus they march, the pillar leading,
light by night, and shade by day;
daily on the manna feeding
which God gives them when they pray.

Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the world's best pleasure,
all its boasted pomp or show:
solid joys and lasting treasures
none but Zion's children know.

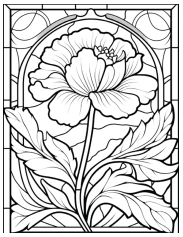
Sending Out *Stand*

With the grace and rest of Jesus Christ at work within us, go in peace to love and serve the Lord.

Thanks be to God.

Prayer Ministry

Following the service, our prayer team is available for confidential prayer needs in the transept (to the left of the pulpit).



Flowers are in celebration of Barbados' 60th Anniversary of Independence given by Marjorie Archer

Flowers are also given by Ingrid Jones in memory of the heavenly birthday on Nov. 28 of my dear husband Lloyd Jones

In our prayers this week:

The Anglican Communion:
Hong Kong Sheng Kung Hui

The Anglican-Lutheran Cycle of Prayer
ACC: The people of the Anglican Church of Canada

ELCIC: The people of the Evangelical Lutheran Church in Canada

MOR: The people of the Moravian Church in Canada

Diocese of Toronto
St. James Cathedral

Outreach
All Saints, Collingwood; All Saints, Kingsway;
All Saints, Sherbourne Street and Stonegate Ecumenical Ministry

St.Mary & St.Martha
Joyce Greenaway; Edith Harford; Hector, Jackie, Krystle and Romario Harris

Announcements

Welcome: To find out more about SM&SM, please fill out a connection card from the Welcome Hub or scan the QR code to fill it out online. You may also speak with a member of the Ministry Team.

Advent to Christmas info card: Advent to Christmas season services are listed on a card that can be used to invite friends and family. Spread the cheer!

North York Harvest Food Bank: The young people and their families are reminded of the food bank volunteer day with Rae-Anne on December 21 at 12pm.

Denarda Food Bank: For the next 2 - 3 weeks we will be collecting wrapped chocolates to put in special bags for the Food Bank patrons as a way to brighten their Christmas season. We are hoping that every person who attends the Food Bank will get a little something extra from St. Mary and St. Martha. Cheques are also accepted - please make cheque out to "North York Harvest Food Bank", and write "Denarda Food Bank" in the memo.

Ordination to the Priesthood of the Rev. Michael Brain: Our very own Michael Brain, who was prepared for priestly ministry during his role as Parish Ministry Coordinator with us will be ordained to the priesthood at Christ Church Brampton, today at 4pm. Michael invites anyone from St. Mary & St. Martha to be present.

Christmas Flowers: Help adorn the worship space for Christmas. Donations for Christmas flowers are now being accepted. Envelopes are available at both entrances, or donations can be made online. Deadline for donations is Sunday December 20th.

Winter Coat & Boots Drive: The Next Outreach Project is almost complete with just a couple needs left. Please see Shirley for more details.

Worship

Sundays, 10:30am
Wednesday Communion, 12:00pm
Sunday School program *(kids & youth proceed downstairs from the service)*

Community

Euchre Mondays, 6:30 pm $5
Bid-Euchre, 12:30 pm every 1st and 3rd Friday $5 *(dates subject to change)*
Alpha, Wednesdays 6:30 pm
Drawing Drop-In, 10am-12pm *(December 5)*

Upcoming Dates

Service of Light, December 21, 7pm
Watch Night Service, December 31, 11pm

Ministry Team

The Rev. Canon Mark Regis, Rector | mark@stmaryandstmartha.org | 647 272 4574
The Rev. Ajit John, Assisting Priest | ajit@stmaryandstmartha.org
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