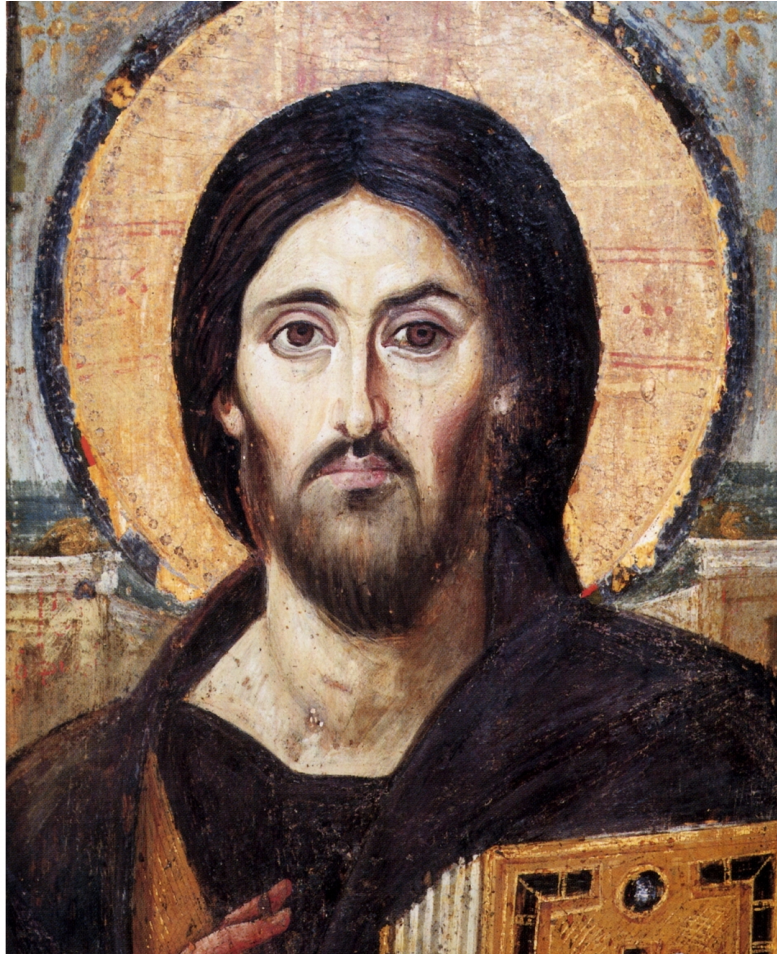




**St. Mary
& St. Martha**
ANGLICAN CHURCH



Third Sunday of Lent

SEASON OF THE WORD

Sunday, March 8, 2026
Service of Holy Communion
10:30 am

Welcome to St. Mary & St. Martha!

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

We follow a particular order of service that is grounded in liturgy or "the work of the people", using a liturgical form of service that walks us through the story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the amazing story of God with us.

As a community we seek to experience the power of God in our lives. This involves gathering to worship our Lord and Saviour, then gathering in fellowship and at various events put on by the church. We encourage connections that express the love that flows through God's church through affection, patience, forgiveness, compassion, and serving those in need.

We recognise the enduring presence of Indigenous people connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

The Greeting

Stand

Lord, you are indeed the Saviour of the world. Give us living water,
that we may not thirst.

The grace of our Lord Jesus Christ, and the love of God, and the fellowship
of the Holy Spirit be with you all.

And also with you.

Call to Worship: O Healing River

O healing river, send down your waters,

Send down your waters upon this land.

O healing river, send down your waters,

And wash the blood from off the sand.

This land is parching, this land is burning,

No seed is growing in the barren ground.

O healing river, send down your waters,

O healing river, send your waters down.

Let the seed of freedom awake and flourish,

Let the deep roots nourish, let the tall stalks rise.

O healing river, send down your waters,

O healing river, from out of the skies.

Welcome

Sit

The Rev. Canon Mark Regis, Rector (Sr. Priest)

Prayers of Preparation

Sit/Kneel

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hidden. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

The Great Commandments

Our Lord Jesus Christ said: 'The first commandment is this:

"Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength."

'The second is this: "Love your neighbour as yourself."

There is no other commandment greater than these. On these two commandments hang all the law and the prophets.

Lord, have mercy upon us, and write all these your laws in our hearts.

The Collect

Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

Collect for Lent

Let us pray for grace to keep Lent faithfully.

Almighty and everlasting God, you hate nothing that you have made and forgive the sins of all those who are penitent: create and make in us new and contrite hearts that we, worthily lamenting our sins and acknowledging our wretchedness, may receive from you, the God of all

mercy, perfect remission and forgiveness; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Youth & Children's Dismissal

Young people are invited to follow their leaders to their program

Hymn: For the Beauty of the Earth

Stand

For the beauty of the earth,
for the glory of the skies,
for the love which from our birth
over and around us lies.

*Lord of all, to thee we raise
this our hymn of grateful praise.*

For the beauty of each hour
of the day and of the night,
hill and vale and tree and flower,
sun and moon and stars of light.

For the joy of ear and eye,
for the heart and mind's delight,
for the mystic harmony
linking sense to sound and sight.

For the joy of human love,
brother, sister, parent, child,
friends on earth, and friends above,
for all gentle thoughts and mild.

The Word of God

First Reading

Sit

A reading from the book of Romans, chapter five, beginning at the first verse.

Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ,² through whom we have gained access by faith into this grace in which we now stand. And we boast in the hope of the glory of God.³ Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance;⁴ perseverance, character; and character, hope.⁵ And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us.

⁶ You see, at just the right time, when we were still powerless, Christ died for the ungodly.⁷ Very rarely will anyone die for a righteous person, though for a good person someone might possibly dare to die.⁸ But God demonstrates his own love for us in this: while we were still sinners, Christ died for us.

⁹ Since we have now been justified by his blood, how much more shall we be saved from God's wrath through him!¹⁰ For if, while we were God's enemies, we were reconciled to him through the death of his Son, how much more, having been reconciled, shall we be saved through his life!¹¹ Not only is this so, but we also boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Romans 5:1-11

This is the word of the Lord.

Thanks be to God.

Psalm

Psalm 19 will be read responsively, by whole verse.

¹ The heavens declare the glory of God;
the skies proclaim the work of his hands.

² **Day after day they pour forth speech;
night after night they reveal knowledge.**

³ They have no speech, they use no words;
no sound is heard from them.

⁴ **Yet their voice goes out into all the earth,
their words to the ends of the world.**

In the heavens God has pitched a tent for the sun.

⁵ It is like a bridegroom coming out of his chamber,
like a champion rejoicing to run his course.

⁶ **It rises at one end of the heavens
and makes its circuit to the other;
nothing is deprived of its warmth.**

⁷ The law of the Lord is perfect,
refreshing the soul.

The statutes of the Lord are trustworthy,
making wise the simple.

⁸ **The precepts of the Lord are right,
giving joy to the heart.**

**The commands of the Lord are radiant,
giving light to the eyes.**

⁹ The fear of the Lord is pure,
enduring forever.

The decrees of the Lord are firm,
and all of them are righteous.

¹⁰ **They are more precious than gold,
than much pure gold;
they are sweeter than honey,
than honey from the honeycomb.**

¹¹ **By them your servant is warned;
in keeping them there is great reward.**

¹² **But who can discern their own errors?
Forgive my hidden faults.**

¹³ **Keep your servant also from willful sins;
may they not rule over me.**

**Then I will be blameless,
innocent of great transgression.**

¹⁴ **May these words of my mouth and this meditation of my heart
be pleasing in your sight, Lord, my Rock and my Redeemer.**

Psalm 19

**Glory to the Father, and to the Son, and to the Holy Spirit;
As it was in the beginning, is now, and ever shall be, world without end.
Amen.**

**Gospel Acclamation: Praise to You, O Lord
Praise to you, O Lord,
King of eternal glory. x2**

Stand

Gospel Reading

Stand

**Hear the Gospel of our Lord Jesus Christ according to John, chapter four,
beginning at the fifth verse.**

Glory to you, O Lord.

⁵ So he came to a town in Samaria called Sychar, near the plot of ground Jacob had given to his son Joseph. ⁶ Jacob's well was there, and Jesus, tired as he was from the journey, sat down by the well. It was about noon.

⁷ When a Samaritan woman came to draw water, Jesus said to her, 'Will you give me a drink?' ⁸ (His disciples had gone into the town to buy food.)

⁹ The Samaritan woman said to him, 'You are a Jew and I am a Samaritan woman. How can you ask me for a drink?' (For Jews do not associate with Samaritans.)

¹⁰ Jesus answered her, 'If you knew the gift of God and who it is that asks you for a drink, you would have asked him and he would have given you living water.'

¹¹ 'Sir,' the woman said, 'you have nothing to draw with and the well is deep. Where can you get this living water?' ¹² Are you greater than our father Jacob, who gave us the well and drank from it himself, as did also his sons and his livestock?'

¹³ Jesus answered, 'Everyone who drinks this water will be thirsty again,¹⁴ but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life.'

¹⁵ The woman said to him, 'Sir, give me this water so that I won't get thirsty and have to keep coming here to draw water.'

¹⁶ He told her, 'Go, call your husband and come back.'

¹⁷ 'I have no husband,' she replied.

Jesus said to her, 'You are right when you say you have no husband.¹⁸ The fact is, you have had five husbands, and the man you now have is not your husband. What you have just said is quite true.'

¹⁹ 'Sir,' the woman said, 'I can see that you are a prophet. ²⁰ Our ancestors worshipped on this mountain, but you Jews claim that the place where we must worship is in Jerusalem.'

²¹ ‘Woman,’ Jesus replied, ‘believe me, a time is coming when you will worship the Father neither on this mountain nor in Jerusalem. ²² You Samaritans worship what you do not know; we worship what we do know, for salvation is from the Jews. ²³ Yet a time is coming and has now come when the true worshippers will worship the Father in the Spirit and in truth, for they are the kind of worshippers the Father seeks. ²⁴ God is spirit, and his worshippers must worship in the Spirit and in truth.’

²⁵ The woman said, ‘I know that Messiah’ (called Christ) ‘is coming. When he comes, he will explain everything to us.’

²⁶ Then Jesus declared, ‘I, the one speaking to you – I am he.’

²⁷ Just then his disciples returned and were surprised to find him talking with a woman. But no one asked, ‘What do you want?’ or ‘Why are you talking with her?’

²⁸ Then, leaving her water jar, the woman went back to the town and said to the people, ²⁹ ‘Come, see a man who told me everything I’ve ever done. Could this be the Messiah?’ ³⁰ They came out of the town and made their way towards him.

³¹ Meanwhile his disciples urged him, ‘Rabbi, eat something.’

³² But he said to them, ‘I have food to eat that you know nothing about.’

³³ Then his disciples said to each other, ‘Could someone have brought him food?’

³⁴ ‘My food,’ said Jesus, ‘is to do the will of him who sent me and to finish his work. ³⁵ Don’t you have a saying, “It’s still four months until harvest”? I tell you, open your eyes and look at the fields! They are ripe for harvest. ³⁶ Even now the one who reaps draws a wage and harvests a crop for eternal life, so that the sower and the reaper may be glad together. ³⁷ Thus the saying “One sows and another reaps” is true. ³⁸ I sent you to reap what you have not worked for. Others have done the hard work, and you have reaped the benefits of their labour.’

³⁹ Many of the Samaritans from that town believed in him because of the woman's testimony, 'He told me everything I've ever done.' ⁴⁰ So when the Samaritans came to him, they urged him to stay with them, and he stayed two days. ⁴¹ And because of his words many more became believers.

⁴² They said to the woman, 'We no longer believe just because of what you said; now we have heard for ourselves, and we know that this man really is the Saviour of the world.'

John 4:5-42

This is the Gospel of the Lord.

Praise to you, O Christ.

Gospel Acclamation *continued*

Sermon

Sit

Rev. Canon Mark Regis, Rector

You can also view our sermons again online at stmaryandstmartha.org

Reflection

The Nicene Creed

Stand

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in

accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Hymn: I Heard the Voice of Jesus Say

Stand

I heard the voice of Jesus say,
“Come unto me and rest;
lay down, thou weary one,
lay down thy head upon my breast.”

I came to Jesus as I was,
so weary, worn, and sad;
I found in him a resting place,
and he has made me glad.

I heard the voice of Jesus say,
“Behold, I freely give
the living water, thirsty one;
stoop down and drink and live.”
I came to Jesus, and I drank
of that life-giving stream;
my thirst was quenched, my soul revived,
and now I live in him.

I heard the voice of Jesus say,
"I am this dark world's light.
Look unto me; thy morn shall rise
and all thy day be bright."
I looked to Jesus, and I found
in him my star, my sun;
and in that light of life I'll walk
till travelling days are done.

Prayers of Intercession

Sit/Kneel

To our Merciful God, who leads us out of the shadows and toward the spring of life, let us bring our petitions, saying:

Lord in your mercy, **let your light shine upon us.**

God of hope, may we be a beacon of hope in a parched world. May the Church never hide its light, but instead offer the cool water of the Gospel to every person standing at the margins.

Lord in your mercy, **let your light shine upon us.**

We pray for the leaders of the nations, that those in power may seek the light of wisdom rather than the shadows of self-interest. May they overcome aggressive desire in order to work together to ensure that the earth's resources are shared justly with all.

Lord in your mercy, **let your light shine upon us.**

We ask that we at St. Mary & St. Martha be a "well" in this city where the thirsty find welcome. May our words be filled with light and our actions flow from the love poured into our hearts by the Holy Spirit. As we recognize International Women's day, may all today's women be honoured and cherished as Jesus demonstrated throughout his earthly ministry. In

our parish cycle of prayer, we bring before the Lord these members of our church: Carol Lewis, Lee MacGregor, Jillian Warner, Avery-Quinn MacGregor, Ivy Malcolm, Alecia Brown, Aleann Grant, and Nordia Anderson.

Lord in your mercy, **let your light shine upon us.**

God of truth, we pray for all who are wandering in the darkness of doubt or confusion. Just as Jesus revealed the truth of the Samaritan woman's life with mercy, may His light clarify our hearts and lead us to honest repentance.

Lord in your mercy, **let your light shine upon us.**

For those walking the path to the font of Baptism. May they be "children of the light," casting off the works of darkness and thirsting only for the Spirit of God.

Lord in your mercy, **let your light shine upon us.**

God of resurrection power, we pray for those whose lives feel dimmed by illness, grief, or despair. May the light of Christ's presence comfort them, and may the promise of eternal life be their refreshment.

Lord in your mercy, **let your light shine upon us.**

Loving God, you are the source of all light and the spring of all life. Grant that as we journey through this Lent, we may be washed clean by your grace and illuminated by your truth. We ask this through Christ our Lord.
Amen.

Merciful Father; **accept these prayers for the sake of your Son, our Saviour, Jesus Christ. Amen.**

Confession & Absolution

Sit/Kneel

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites them to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God, **we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.**

Almighty God, have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

Stand

The peace of the Lord be always with you.

And also with you.

Offertory

In our offertory, we offer our praise and thanksgiving and the gifts of ourselves and our service to the glory of God. To financially support the ongoing gospel ministry of St. Mary & St. Martha you can donate as the plate is passed or find options on our website at: www.stmaryandstmartha.org/give

Offertory Hymn: I Then Shall Live

I then shall live as one who's been forgiven.
I'll walk with joy to know my debts are paid.
I know my name is clear before my Father.
I am His child, and I am not afraid.
So greatly pardoned, I'll forgive my brother.
The law of love I gladly will obey.

I then shall live as one who's learned compassion.
I've been so loved that I'll risk loving, too,
I'll know how fear builds walls instead of bridges.
I'll dare to see another's point of view.
And when relationships demand commitment,
then I'll be there to care and follow through.

Your Kingdom come around and through and in me.
Your power and glory, let them shine through me.
Your hallowed name, oh, may I bear with honour,
and may Your living Kingdom come in me.
The Bread of Life, oh, may I share with honour,
and may You feed a hungry world through me.

The Doxology

**Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.**

Prayer over the Gifts

Spring of Life and Light, and Source of all goodness, receive all we offer you this day, and bring us to the living water, Jesus Christ, your Son our Lord. Amen.

Prayer of Consecration

Stand

The Lord be with you.

And also with you.

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

Blessed are you, gracious God, creator of heaven and earth; you are the source of light and life for all your creation, you made us in your own image, and call us to new life in Jesus Christ our Saviour. Therefore we praise you, joining our voices to proclaim the glory of your name.

Holy, holy, holy Lord,

Lord God of power and might,

Heav'n and earth are full,

Full of your glory.

Hosanna, hosanna, hosanna,

Hosanna in the highest.

Blessed is he who comes,

Who comes in the name of the Lord.

Hosanna, hosanna, hosanna,

Hosanna in the highest.

Sit/Kneel

We give thanks to you, Lord our God, for the goodness and love you have made known to us in creation; in calling Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Saviour and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night he was handed over to suffering and death, a death he freely accepted, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: this is my body which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, Father, according to his command,

**we remember his death,
we proclaim his resurrection,
we await his coming in glory;**

and we offer our sacrifice of praise and thanksgiving to you, Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts, that they may be the sacrament of the body of Christ and his blood of the new covenant.

Unite us to your Son in his sacrifice, that we, made acceptable in him, may be sanctified by the Holy Spirit. In the fullness of time, reconcile all things in Christ, and make them new, and bring us to that city of light where you dwell with all your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation; by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, almighty Father, now and for ever. **Amen.**

The Lord's Prayer

Sit/Kneel

Let us pray with confidence as our Saviour has taught us.

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

Prayer of Humble Access

Sit/Kneel

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.

The Breaking of the Bread

Sit/Kneel

We break this bread,

Communion in Christ's body once broken.

Let your Church be the wheat which bears its fruit in dying.

If we have died with him, we shall live with him; if we hold firm, we shall reign with him.

The gifts of God for the people of God.

Thanks be to God.

Communion

Sit

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Please follow the directions of our welcome team. If you are not yet baptized, or wish a prayer of blessing, please cross your arms over your chest as you come forward. Gluten-free wafers are available upon request from the communion administrant. For those worshipping online, our prayers and invitation are extended to you in Spirit as we gather at the Lord's Table.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

Communion Worship: I Am the Bread, the Bread of Life

Sit

I am the bread, the bread of life;

Who comes to me will never hunger.

I am the bread, the bread of heaven;

Who feeds on me will never die.

And as you eat, remember me

My body broken on the tree:

My life was given to set you free,
And I'm alive for evermore.

I am the vine, the living vine;
Apart from me you can do nothing.
I am the vine, the real vine;
Abide in me and I in you.
And as you drink, remember me
My blood was shed upon the tree:
My life was given to set you free,
And I'm alive for evermore.

So eat this bread, and drink this wine,
And as you do, receive this life of mine.
All that I am, I give to you,
That you may live for evermore

Communion Worship: Jesus, the Very Thought of Thee

Jesus, the very thought of thee,
with sweetness fills the breast;
but sweeter far thy face to see,
and in thy presence rest.

No voice can sing, no heart can frame,
Nor can the mind recall
a sweeter sound than Jesus' name,
the Saviour of us all.

O hope of every contrite heart,
O joy of all the meek;
to those who ask, how kind thou art,
how good to those who seek!

But what to those who find? Ah, this
nor tongue nor pen can show;
the love of Jesus, what it is
none but his lovers know.

Jesus, our only joy be thou,
as thou our prize wilt be;
in thee be all our glory now,
and through eternity.

Closing Prayers

God of our pilgrimage, in you we have found our living water and the light of life. Refresh and sustain us and be the lamp to our path as we go forth on our journey, in the name of Jesus Christ the Lord. **Amen.**

Glory to God, whose power, working in us, can do infinitely more than we can ask or imagine. Glory to God from generation to generation, in the Church and in Christ Jesus, for ever and ever. Amen.

The Blessing

Sit/Kneel

Christ give you grace to grow in holiness, to deny yourself, to take up your cross, and follow him; and the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

Announcements

Sit

Closing Worship: Glorious Things of Thee Are Spoken

Stand

Glorious things of thee are spoken,
Zion, city of our God;
he whose word cannot be broken
formed thee for his own abode.

On the rock of ages founded,
what can shake thy sure repose?
With salvation's walls surrounded,
thou mayest smile at all thy foes.

See! The streams of living waters,
springing from eternal love,
well supply thy sons and daughters
and all fear of want remove.

Who can faint, when such a river
ever flows their thirst to assuage?
Grace, which like the Lord, the giver,
never fails from age to age.

Round each habitation hovering,
see the cloud and fire appear
for a glory and a covering --
showing that the Lord is near.

Thus they march, the pillar leading,
light by night, and shade by day;
daily on the manna feeding
which God gives them when they pray.

Saviour, if of Zion's city
I through grace a member am,
let the world deride or pity,
I will glory in thy name.
Fading is the world's best pleasure,
all its boasted pomp or show:
solid joys and lasting treasures
none but Zion's children know.

The Dismissal

Stand

Go in peace to love and serve the Lord.
Thanks be to God.

Prayer Ministry

*Following the service, our prayer team is available for
confidential prayer needs in the transept (to the left of the pulpit).*

In our prayers this week:

The Anglican Communion

The Episcopal Church in Jerusalem & the Middle East

The Anglican-Lutheran Cycle of Prayer

ACC: The Rt. Rev. Sandra Fyfe, Bishop, and the people and clergy of the
Diocese of Nova Scotia and Prince Edward Island

ELCIC: The dean, council, and congregations of the Northern Area of
the Eastern Synod

MOR: The people and ministries of Christ Moravian Church in Calgary

Diocese of Toronto

The Anglican Church Women (ACW) - Janice Hodgson, ODT,
Diocesan President

Outreach

Church of Our Saviour; Parish of Penetanguishene and Wabauskene;
Prince of Peace, Wasaga Beach

St. Mary & St. Martha

Carol Lewis; Lee MacGregor, Jillian Warner, Avery-Quinn MacGregor;
Ivy Malcolm, Alecia Brown, Aleann Grant, Nordia Anderson

Notes

A series of 20 horizontal dotted lines spaced evenly down the page, providing a guide for writing notes.

Announcements

Welcome: To find out more about SM&SM, please fill out a connection card from the Welcome Hub or scan the QR code to fill it out online. You may also speak with a member of the Ministry Team. Contact the office or visit our website to sign up for the weekly newsletter with all the updates about life at SM&SM.

Bishop's Appeal for Jamaican Relief and Reconstruction: Please consider donating to FaithWorks as there is currently a matching grant up to \$50,000 available until April 17. More information is available at FaithWorks.ca/category/news/

The Chosen Season 5: Episode 6 centres on Jesus establishing the Last Supper while Judas finalises his betraying of Jesus. Join us today at 12:30pm.

Easter Flower Donations: If you wish to donate towards Easter Flowers, envelopes are available at both entrances. Please see Audrey with any questions.

Food Bank: Join us as we support the Weston Area Emergency Service (WAES) Foodbank. Currently, the greatest needs are for soup, canned tuna, canned fruit and canned vegetable, pasta and pasta sauce, *and cereal* but other non-perishable items are also welcomed.

Technical Issues: The Church phone is currently out of service, to be resolved as soon as possible. Please email the office in the meanwhile, or for pastoral emergencies call Canon Mark directly at 647-272-4574.

Tax Receipts: Tax Receipts have been mailed out. If you have donated but have not provided your address but would still like your receipt, please get in touch with the office.

Sunday Parking Update: Parking info cards are available by both entrances with Sunday parking options.

Worship

Sundays @ 10:30am

Wednesday Communion @ 12:00pm

Community

The Screwtape Letters Book Study Thursdays on Zoom @ 7pm

The Chosen Season 5 watch-party on Sundays @ 12:30 pm (*last day March 15*)

Euchre Mondays @ 6:30 pm \$5

Bid-Euchre @12:30 pm every 1st and 3rd Friday \$5

Drawing Drop-In @10 am (*see website and posted flyers for dates*)

Upcoming Dates

Palm Cross Making - March 28, 10:30 am

Ministry Team

The Rev. Canon Mark Regis, Rector | mark@stmaryandstmartha.org | 647 272 4574

The Rev. Ajit John, Assisting Priest | ajit@stmaryandstmartha.org

Rae-Anne Roberts Perez, Children and Youth Pastor | raeanne@stmaryandstmartha.org

Nicholas Wanstall, Music Ministry Director | nick@stmaryandstmartha.org

Ruthia Pak Regis, Office Administrator | office@stmaryandstmartha.org

Todd Webb, Theological Student Intern | todd@stmaryandstmartha.org

Wardens

Cate Gardner, People's Warden | cgardner@stmaryandstmartha.org

Fitzroy Thomas, Rector's Warden | fthomas@stmaryandstmartha.org

Shirley Radley, Deputy Warden

Queenie Seiloa, Deputy Warden



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