



**St. Mary  
& St. Martha**  
ANGLICAN CHURCH

# Gather

United in Prayer



Pentecost

**Sunday, May 19, 2024**

Holy Communion  
10:30 am

## Welcome to St. Mary & St. Martha!

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is grounded in Book of Common Prayer (BCP), which finds its roots in the original prayer book when the Anglican Church began in the 1500s. The BCP is basically scripture, re-ordered.

If this is new to you please join in only when you are comfortable. You'll get the hang of it after a few goes. Look out for **Stand, Sit,** and **Sit/Kneel** instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. Bold print directs you to join in unison.

We recognise the enduring presence of Indigenous people connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

## The Gathering

*Stand*

Grace, mercy and peace from God our Father  
and the Lord Jesus Christ be with you.

**And also with you.**

Alleluia. Christ is risen.

**He is risen indeed. Alleluia.**

Call to Worship: Amazing Grace

*Stand*

Amazing grace how sweet the sound

That saved a wretch like me

I once was lost but now am found

Was blind but now I see

'Twas grace that taught my heart to fear

And grace my fears relieved

How precious did that grace appear

The hour I first believed

The Lord has promised good to me

His Word my hope secures

He will my shield and portion be

As long as life endures

Through many dangers toils and snares

I have already come

'Tis grace hath brought me safe thus far

And grace will lead me home

When we've been there ten thousand years

Bright shining as the sun

We've no less days to sing God's praise

Than when we first begun

## Welcome

*Sit*

**The Rev. Canon Mark Regis, Rector (Sr. Pastor)**

Jesus Christ, whom we worship, is our crucified, risen and ascended Lord, and we have walked with him through his journey of love. We have faced the agony of his suffering and death upon a cross. We have rejoiced at his bursting free from the bonds of death. We have enjoyed his risen presence with us and his revelation of himself through the breaking of bread. We have seen his return to the throne before which every knee shall bow and every tongue confess that this Jesus is Lord. And now, with the followers of his own time, we await the coming of the promised Holy Spirit, his gift to his people, through whom we make Christ known to the world.

As we wait in silence, **fill us with your Spirit.**

As we listen to your word, **fill us with your Spirit.**

As we worship you in majesty, **fill us with your Spirit.**

As we long for your refreshing, **fill us with your Spirit.**

As we long for your renewing, **fill us with your Spirit.**

As we long for your equipping, **fill us with your Spirit.**

As we long for your empowering, **fill us with your Spirit.**

## The Pentecost Reading

*Sit/Kneel*

A reading from the Acts of the Apostles.

2 When the day of Pentecost came, they were all together in one place. <sup>2</sup> Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting. <sup>3</sup> They saw what seemed to be tongues of fire that separated and came to rest on each of them. <sup>4</sup> All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

<sup>5</sup> Now there were staying in Jerusalem God-fearing Jews from every nation under heaven. <sup>6</sup> When they heard this sound, a crowd came together in bewilderment, because each one heard their own language being spoken. <sup>7</sup> Utterly amazed, they asked: 'Aren't all these who are speaking Galileans?' <sup>8</sup> Then how is it that each of us hears them in our native language? <sup>9</sup> Parthians, Medes and Elamites; residents of Mesopotamia, Judea and Cappadocia, Pontus and Asia, <sup>10</sup> Phrygia and Pamphylia, Egypt and the parts of Libya near Cyrene; visitors from Rome <sup>11</sup> (both Jews and converts to Judaism); Cretans and Arabs – we hear them declaring the wonders of God in our own tongues!' <sup>12</sup> Amazed and perplexed, they asked one another, 'What does this mean?'

<sup>13</sup> Some, however, made fun of them and said, 'They have had too much wine.'

<sup>14</sup> Then Peter stood up with the Eleven, raised his voice and addressed the crowd: 'Fellow Jews and all of you who live in Jerusalem, let me explain this to you; listen carefully to what I say. <sup>15</sup> These people are not drunk, as you suppose. It's only nine in the morning! <sup>16</sup> No, this is what was spoken by the prophet Joel:

<sup>17</sup> "In the last days, God says,

I will pour out my Spirit on all people.

Your sons and daughters will prophesy,

your young men will see visions,

your old men will dream dreams.

<sup>18</sup> Even on my servants, both men and women,

I will pour out my Spirit in those days,

and they will prophesy.

<sup>19</sup> I will show wonders in the heavens above

and signs on the earth below,

blood and fire and billows of smoke.

<sup>20</sup> The sun will be turned to darkness

and the moon to blood

before the coming of the great and glorious day of the Lord.

<sup>21</sup>And everyone who calls  
on the name of the Lord will be saved.”

The Lord is here.  
**His Spirit is with us.**

## **Prayers of Preparation**

*Sit/Kneel*

**Almighty God to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.**

## **The Great Commandments**

*Sit/Kneel*

Our Lord Jesus Christ said: The first commandment is this: ‘Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.’

The second is this: ‘Love your neighbour as yourself.’ There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

**Lord, have mercy upon us,  
and write all these your laws in our hearts.**

## **The Collect**

*Sit/Kneel*

Let us pray that the Spirit will work through our lives to bring Christ to the world.

God, who as at this time taught the hearts of your faithful people by sending to them the light of your Holy Spirit: grant us by the same Spirit to have a right judgement in all things and evermore to rejoice in his holy comfort; through the merits of Christ Jesus our Saviour, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

*Stand*

**Worship:** Worthy is the Lamb  
Thank you for the cross, Lord  
Thank you for the price You paid  
Bearing all my sin and shame  
In love You came  
And gave amazing grace

Thank you for this love, Lord  
Thank you for the nail pierced hands  
Washed me in Your cleansing flow  
Now all I know  
Your forgiveness and embrace

Worthy is the Lamb  
Seated on the throne  
Crown You now with many crowns  
You reign victorious  
High and lifted up

Jesus Son of God  
The treasure of heaven crucified  
Worthy is the Lamb

## **Proclamation of the Word**

### **First Reading**

*Sit*

A reading from St. Paul's Epistle to the Romans, chapter eight, beginning at the twenty-second verse.

<sup>22</sup> We know that the whole creation has been groaning as in the pains of childbirth right up to the present time. <sup>23</sup> Not only so, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for our adoption to sonship, the redemption of our bodies. <sup>24</sup> For in this hope we were saved. But hope that is seen is no hope at all. Who hopes for what they already have?

<sup>25</sup> But if we hope for what we do not yet have, we wait for it patiently.

<sup>26</sup> In the same way, the Spirit helps us in our weakness. We do not know what we ought to pray for, but the Spirit himself intercedes for us through wordless groans. <sup>27</sup> And he who searches our hearts knows the mind of the Spirit, because the Spirit intercedes for God's people in accordance with the will of God.

*Romans 8:22-27*

This is the word of the Lord.

**Thanks be to God.**

### **Psalm**

*Sit*

Psalm 104 will be read responsively, by whole verse.

<sup>24</sup> How many are your works, LORD!

In wisdom you made them all;  
the earth is full of your creatures.

<sup>25</sup> **There is the sea, vast and spacious,  
teeming with creatures beyond number –  
living things both large and small.**

<sup>26</sup> There the ships go to and fro,  
and Leviathan, which you formed to frolic there.

<sup>27</sup> **All creatures look to you  
to give them their food at the proper time.**

<sup>28</sup> When you give it to them,  
they gather it up;  
when you open your hand,  
they are satisfied with good things.

<sup>29</sup> **When you hide your face,  
they are terrified;  
when you take away their breath,  
they die and return to the dust.**

<sup>30</sup> When you send your Spirit,  
they are created,  
and you renew the face of the ground.



<sup>31</sup> **May the glory of the LORD endure for ever;  
may the LORD rejoice in his works –**

<sup>32</sup> he who looks at the earth, and it trembles,  
who touches the mountains, and they smoke.

<sup>33</sup> **I will sing to the LORD all my life;  
I will sing praise to my God as long as I live.**

<sup>34</sup> May my meditation be pleasing to him,  
as I rejoice in the LORD.

*Psalms 104:24-34*

Glory to the Father, and to the Son, and to the Holy Spirit; **As it was in the beginning, is now, and ever shall be, world without end. Amen.**

**Gospel Acclamation:** Halle, halle, hallelujah!

*Stand*

Halle, halle, hallelujah! (x3)

Hallelujah! Hallelujah!

**Gospel Reading**

*Stand*

Hear the Gospel of our Lord Jesus Christ according to John chapter fourteen, beginning at the fifteenth verse.

**Glory to you, O Lord.**

<sup>15</sup> 'If you love me, keep my commands. <sup>16</sup> And I will ask the Father, and he will give you another advocate to help you and be with you for ever – <sup>17</sup> the Spirit of truth. The world cannot accept him, because it neither sees him nor knows him. But you know him, for he lives with you and will be in you. <sup>18</sup> I will not leave you as orphans; I will come to you. <sup>19</sup> Before long, the world will not see me any more, but you will see me. Because I live, you also will live. <sup>20</sup> On that day you will realise that I am in my Father, and you are in me, and I am in you. <sup>21</sup> Whoever has my commands and keeps them is the one who loves me. The one who loves me will be loved by my Father, and I too will love them and show myself to them.'

<sup>22</sup> Then Judas (not Judas Iscariot) said, 'But, Lord, why do you intend to show yourself to us and not to the world?'

<sup>23</sup> Jesus replied, 'Anyone who loves me will obey my teaching. My Father will love them, and we will come to them and make our home with them. <sup>24</sup> Anyone who does not love me will not obey my teaching. These words you hear are not my own; they belong to the Father who sent me.

<sup>25</sup> 'All this I have spoken while still with you. <sup>26</sup> But the Advocate, the Holy Spirit, whom the Father will send in my name, will teach you all things and will remind you of everything I have said to you.

<sup>27</sup> Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

*John 14:15-27*

This is the Gospel of the Lord.

**Praise to you, O Christ.**

**Gospel Acclamation** *continued*

## **The Nicene Creed**

*Stand*

Do you believe and trust in God the Father?

**We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.**

Do you believe and trust in his Son Jesus Christ?

**We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.**

Do you believe and trust in the Holy Spirit?

**We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.**

**Worship:** Living Hope

*Stand*

How great the chasm that lay between us  
How high the mountain I could not climb  
In desperation I turned to heaven  
And spoke Your name into the night

Then through the darkness Your loving-kindness  
Tore through the shadows of my soul  
The work is finished the end is written  
Jesus Christ my living hope

Who could imagine so great a mercy  
What heart could fathom such boundless grace  
The God of ages stepped down from glory  
To wear my sin and bear my shame

The cross has spoken I am forgiven  
The King of kings calls me His own  
Beautiful Savior I'm Yours forever  
Jesus Christ my living hope

*Hallelujah praise the One who set me free  
Hallelujah death has lost its grip on me  
You have broken every chain  
There's salvation in Your name  
Jesus Christ my living hope*

Then came the morning that sealed the promise  
Your buried body began to breathe  
Out of the silence the Roaring Lion  
Declared the grave has no claim on me (*Repeat*)  
Jesus Yours is the victory!

Jesus Christ my living hope  
Oh God You are my living hope

## **Sermon**

*Sit*

**Darnell Chambers**

*You can also view our sermons again online at [stmaryandstmartha.org](http://stmaryandstmartha.org)*

**Reflection:** Instrumental

*Sit*

## **Offertory**

*Sit*

*In our offertory we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. We also offer our financial support to the ongoing gospel ministry of St. Mary & St. Martha.*

*For electronic means of giving, visit our website at:*

**[www.stmaryandstmartha.org/give](http://www.stmaryandstmartha.org/give)**

*Everything we do it made possible by those who give, serve, and pray.*

**Offertory Hymn:** I Feel the Winds of God Today

*Sit*

I feel the winds of God today,  
today my sail I lift,  
Though heavy oft with drenching spray  
and torn with many a rift.  
If hope would light the water's crest  
and Christ my barque will use,  
I'll seek the seas at His behest  
and brave the other cruise.

It is the wind of God that dries  
my vain regretful tears,  
Until with braver thoughts shall rise,  
thee purer brighter years.  
If cast on shores of selfish ease,  
or pleasure I should be,  
Oh let me feel Your freshening breeze  
and I'll put back to sea.

If ever I forget your love  
and how that love was shown,  
Lift high the bloodred flag above,  
it bears your name alone.  
Great Pilot of my onward way,  
you will not let me drift,  
I feel the winds of God today,  
today my sail I lift.

### **Prayer at the Preparation of the Table**

*Stand*

Father, by your Holy Spirit you keep the Church in unity and truth.  
As we break bread together, may we be one with Christ in faith  
and hope and love, now and for ever. **Amen.**

### **The Doxology**

*Stand*

Praise God from whom all blessings flow!  
Praise Him all creatures here below!  
Praise Him above ye heavenly host!  
Praise Father, Son and Holy Ghost. Amen.

Holy Spirit, we thank you for coming upon the Church and  
inhabiting the lives of Christian disciples. We offer you these  
financial gifts in gratitude and pray that all your gifts to us may  
bear fruit in our lives. **Amen.**

## Prayers of Intercession

*Sit/Kneel*

Generous God, we thank you for the power of your Holy Spirit. We ask that we may be strengthened to serve you better. Lord, come to bless us; **and fill us with your Spirit.**

We thank you for the wisdom of your Holy Spirit. We ask you to make us wise to understand your will. Lord, come to bless us; **and fill us with your Spirit.**

We thank you for the peace of your Holy Spirit. We ask you to keep us confident of your love wherever you call us. Lord, come to bless us; **and fill us with your Spirit.**

We thank you for the healing of your Holy Spirit. We ask you to bring reconciliation and wholeness where there is division, sickness and sorrow. Lord, come to bless us; **and fill us with your Spirit.**

We thank you for the gifts of your Holy Spirit. We ask you to equip us for the work which you have given us. Lord, come to bless us; **and fill us with your Spirit.**

We thank you for the fruit of your Holy Spirit. We ask you to reveal in our lives the love of Jesus. Lord, come to bless us; **and fill us with your Spirit.**

We thank you for the breath of your Holy Spirit, given us by the risen Lord. We ask you to keep the whole Church, living and departed, in the joy of eternal life. Lord, come to bless us; **and fill us with your Spirit.**

Generous God, you sent your Holy Spirit upon your Messiah at the river Jordan, and upon the disciples in the upper room: in your mercy fill us with your Spirit, **hear our prayer, and make us one in heart and mind to serve you with joy for ever. Amen.**

## **Prayers of Penitence**

*Sit/Kneel*

The Spirit of the Lord fills the world and knows our every word and deed. Let us then open ourselves to the Lord and confess our sins in penitence and faith.

**Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all, we acknowledge and confess our many sins, which we have committed by thought, word, and deed, against your divine majesty. We earnestly repent, and are truly sorry for all our misdoings. Have mercy on us, most merciful Father. For your Son our Lord Jesus Christ's sake forgive us all that is past, and grant that from now on we may always serve and please you in lives wholly renewed by your Spirit, to the honour and glory of your name, through Jesus Christ our Lord. Amen.**

Almighty God our heavenly Father, who in his great mercy has promised forgiveness of sins to all who turn to him with heartfelt repentance and true faith: have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to eternal life, through Jesus Christ our Lord. **Amen.**

## **Consecration**

*Sit/Kneel*

Listen to our Lord Jesus Christ's words of assurance to all who truly turn to him:

Come to me, all you who are weary and burdened, and I will give you rest.

*Matthew 11: 28*

For God so loved the world that he gave his one and only Son that whoever believes in him shall not perish but have eternal life.

*John 3: 16*

The apostle Paul says: Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners.

*1 Timothy 1: 15*

The apostle John also says: If anybody does sin, we have one who speaks to the Father in our defence-Jesus Christ, the Righteous One. He is the atoning sacrifice for our sins. *1 John 2: 1-2*

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**We lift them up to the Lord.**

Let us give thanks to the Lord our God.  
**It is right to give him thanks and praise.**

It is indeed right, it is our duty and our joy, always and everywhere to give you thanks, holy Father, almighty and everlasting God, through Jesus Christ, your only Son our Lord. This day we give you thanks because in fulfillment of your promise you pour out your Spirit upon us, filling us with your gifts, leading us into all truth, and uniting peoples of many tongues in the confession of one faith. Your Spirit gives us grace to call you Father, to proclaim your gospel to all nations and to serve you as a royal priesthood. Therefore we join our voices with angels and archangels, and with all those in whom the Spirit dwells, to proclaim the glory of your name, for ever praising you and singing:

**Holy, holy, holy Lord,  
God of power and might,  
heaven and earth of your glory are full.  
Hosanna hosanna hosanna in the highest.**

**Blessed is he who comes  
in the name of the Lord. (repeat)**



Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect, and sufficient sacrifice for the sins of the whole world. He instituted and in his holy gospel commands us to continue a perpetual memory of his precious death until he comes again.

Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

On the night that Jesus was betrayed he took bread and, when he had given thanks, he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper, Jesus took the cup and, when he had given thanks, he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Accept through Jesus Christ, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of the life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him:

Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, Almighty Father, for ever and ever. **Amen.**

God has made us one in Christ. He has set his seal upon us and, as a pledge of what is to come, has given the Spirit to dwell in our hearts. Alleluia.

The peace of the Lord be always with you  
and also with you.

**We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your manifold and great mercies. We are not worthy so much as to gather up the crumbs under your table. But you are the same Lord whose nature is always to have mercy. Grant us therefore, gracious Lord, so to eat the flesh of your dear Son Jesus Christ and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. Amen.**

In person and at home, together, we share in this heavenly meal and declare; **though we are many, we are one body, because we all share in one bread.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
have mercy on us.**

**Lamb of God, you take away the sin of the world,  
grant us peace.**

Alleluia. Christ our passover is sacrificed for us.  
Therefore let us keep the feast. Alleluia.

## **Communion**

*Sit*

*All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Please follow the directions of our welcome team. Gluten-free wafers are available upon request from the communion administrant.*

**Communion Worship:** My Saviour Left His Throne Above

My Saviour left his throne above,  
Exchanged his wealth for poverty;  
He took my hate, and gave his love,  
All this and more he did for me.  
Because he chose the lowly way,  
And bowed before his Father's will,  
I can with all assurance say,  
My God is near and loves me still.  
My God is near and loves me still.

He felt the storms of human pain,  
He felt temptation's whelming seas,  
He felt the tears of sorrow's rain,  
All this and more he felt for me.  
Because he knows my every strife,  
And is acquainted with my grief,  
I can't be shaken in this life:  
The Friend of Sinners walks with me;  
The Friend of Sinners walks with me.

He kept his Father's every word;  
The Law he followed perfectly;  
So all God's pleasure he secured,  
All this and more he earned for me.  
Because his righteous life is mine,  
And all his merits now I own,  
I am a child of God on high;  
I am adopted, loved, and known;  
I am adopted, loved, and known.

**Communion Worship:** Come Thou Almighty King  
Come, thou Almighty King, help us thy name to sing.  
Help us to praise:

Father all glorious, o'er all victorious,  
Come and reign over us, Ancient of Days.

Come, thou Incarnate Word, gird on thy mighty sword  
Our prayers attend.  
Come, and thy people bless, and give thy Word success  
Spirit of holiness, on us descend.

Come, Holy Comforter, thy sacred witness bear  
In this glad hour.

Thou, who almighty art, now rule in ev'ry heart,  
And ne'er from us depart, Spirit of Pow'r.

*Father, now call us out of our wandering.*

*Jesus, now come and cast out our fear.*

*Spirit, now preach the Son to our deafness:*

*Open our hearts, open our hearts. (2x)*

Open our hearts, open our hearts.

To thee, great One in Three, eternal praises be  
Hence evermore:

Thy sov'reign majesty may we in glory see,  
And to eternity, love and adore.

### **The Lord's Prayer**

*Sit/Kneel*

Looking for the coming of his kingdom, let us pray with  
confidence as our Saviour has taught us.

Our Father **who art in heaven, hallowed be thy name, thy  
kingdom come, thy will be done, on earth as it is in heaven. Give  
us this day our daily bread and forgive us our trespasses as we  
forgive those who trespass against us. And lead us not into  
temptation but deliver us from evil. For thine is the kingdom, the  
power, and the glory, for ever and ever. Amen.**

## Prayer After Communion

Faithful God, who fulfilled the promises of Easter by sending us your Holy Spirit and opening to every race and nation the way of life eternal: open our lips by your Spirit, that every tongue may tell of your glory; through Jesus Christ our Lord. **Amen.**

## The Sending

### The Blessing

*Sit/Kneel*

May the Spirit, who hovered over the waters when the world was created, breathe into you the life he gives. **Amen.**

May the Spirit, who overshadowed the Virgin when the eternal Son came among us, make you joyful in the service of the Lord. **Amen.**

May the Spirit, who set the Church on fire upon the Day of Pentecost, bring the world alive with the love of the risen Christ. **Amen.**

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.**

### Announcements

*Sit*

### Closing Worship: We Will Feast in the House of Zion

*Stand*

*We will feast in the house of Zion*

*We will sing with our hearts restored*

*He has done great things we will say together*

*We will feast and weep no more*

We will not be burned by the fire

He is the Lord our God

We are not consumed by the flood

Upheld protected gathered up

In the dark of night before the dawn  
My soul be not afraid  
For the promised morning oh how long  
Oh God of Jacob be my strength  
Every vow we've broken and betrayed  
You are the faithful one  
And from the garden to the grave  
Bind us together bring shalom

**The Dismissal**

*Stand*

Filled with the Spirit's power, go in the light and peace of Christ.  
Alleluia. Alleluia.

**Thanks be to God. Alleluia, alleluia.**

*In our prayers this week:*

**The Anglican Communion**

The Anglican Church of Canada

**The Anglican-Lutheran Cycle of Prayer**

ACC: The Rt. Rev. Shane Parker, Bishop, and  
the people and clergy of the Diocese of Ottawa

ACC/ELCIC: Jerusalem & the Holy Land;

the Evangelical Lutheran Church in Jordan and the Holy Land,  
The Episcopal Diocese of Jerusalem, and for peace in the Middle East

**Diocese of Toronto**

The Bishop's Committee on Intercultural Ministry

**Outreach**

St. George, Grafton; St. George, Pickering Village;  
St. Hilary, Cooksville

**St. Mary & St. Martha**

Yvette Leander; Damien Leander Dundas; Felysha Leander-Cobham;  
Jenelle-Leander Cobham; Lilian Leander

# **Weekly Announcements**

*(see the Weekly Happenings email for further information)*

## **Welcome!**

Welcome to all those who are new or visiting St. Mary & St. Martha - we are glad you are here! To find out more about SM&SM, please fill out a connection card from the welcome desk for scan the QR code to fill out an online, you may also speak with a member of the Ministry Team (anyone with a name tag). We also have a weekly newsletter with all the updates about life at SM&SM. Email the office ([office@stmaryandstmartha.org](mailto:office@stmaryandstmartha.org)) or visit our website ([stmaryandstmartha.org](http://stmaryandstmartha.org)) to subscribe. We are excited to meet you!

## **The Chosen, Season 2**

The watch party for The Chosen, Season 2 continues after the morning service. Help yourself to some refreshments in the Parish Hall, and then come back to the sanctuary at 12:30pm to watch the show together.

## **Support for WAES Food Bank**

Holy Week & Easter Season we're focusing on gathering items support meals for large families; large bags of beans and rice, value size jars of pasta sauce, family size bags of pasta, large size boxes of cereal and oatmeal, and grocery store gift cards. Your support makes a tangible difference.

## **Upcoming Dates**

June 8th: Chalk My Walk

July 6th: Party By The Pond

August 19th-23rd: Summer Camp

Next Sunday, May 26th @ 10:30

**Gather: United in Prayer**

Romans 8:12-17; John 3:1-17

# ***Worship***

**Sundays @ 10:30am**  
**Wednesdays @ noon**

## ***Ministry Team***

**The Rev. Canon Mark Regis**, Rector | [mark@stmaryandstmartha.org](mailto:mark@stmaryandstmartha.org) | 647 272 4574

**Michael Brain**, Parish Ministry Coordinator | [michael@stmaryandstmartha.org](mailto:michael@stmaryandstmartha.org)

**Avery MacGregor**, Family Ministries Pastor | [avery@stmaryandstmartha.org](mailto:avery@stmaryandstmartha.org)

**Nicholas Wanstall**, Music Ministry Director | [nick@stmaryandstmartha.org](mailto:nick@stmaryandstmartha.org)

## ***Wardens***

Cate Gardner, People's Warden  
Shirley Radley, Deputy Warden

Fitzroy Thomas, Rector's Warden  
Queenie Seiloa, Deputy Warden

Parish Office is opened Monday through Thursday 10:30am - 3:30pm



@stmaryandstmartha

[stmaryandstmartha.org](http://stmaryandstmartha.org)



**St. Mary  
& St. Martha**  
ANGELICAN CHURCH

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