



## Welcome to St. Mary & St. Martha!

This booklet will hopefully help make you feel more comfortable, especially if this is new to you.

Liturgical worship simply means we follow a particular order of service that is grounded in liturgy or "the work of the people". We use a liturgical form of service for our gatherings because we are not putting on a show for people to watch. Rather, the liturgy walks us through the wonderful story of Jesus Christ in a sequence that brings home the good news of God's grace to us. Each week we are brought back to the strange and amazing story of God with us. Today, our service is grounded in Book of Common Prayer (BCP), which finds its roots in the original prayer book when the Anglican Church began in the 1500s. The BCP is basically scripture, reordered.

If this is new to you please join in only when you are comfortable. You'll get the hang of it after a few goes. Look out for **Stand, Sit,** and **Sit/Kneel** instructions or just follow what your neighbour is doing (assuming they have been here before). In general, we stand to praise, sit to learn and sit/kneel to pray. Bold print directs you to join in unison.

We recognize the enduring presence of Indigenous people connected to and on this land. We are grateful for the opportunity to gather on this territory and work in this community, and we commit ourselves to the work of reconciliation with Indigenous peoples.

#### Stand

## Commemoration of the Lord's Entry into Jerusalem

Hosanna to the Son of David, the King of Israel. Blessed is he who comes in the name of the Lord. Hosanna in the highest.

Hosanna to the Son of David.
Blessed is he who comes in the name of the Lord.

#### Stand

# Call to Worship: All Glory, Laud, and Honour

All glory, laud, and honour to thee, Redeemer, King! to whom the lips of children made sweet hosannas ring.

Thou art the King of Israel, thou David's royal Son, who in the Lord's Name comest, the King and blessed one.

The company of angels are praising thee on high; and we with all creation in chorus make reply.

The people of the Hebrews with palms before thee went; our praise and prayer and anthems before thee we present.

To thee before thy Passion they sang their hymns of praise; to thee, now high exalted, our melody we raise.

Thou didst accept their praises; accept the prayers we bring, who in all good delightest, thou good and gracious King.

**The Gathering** 

Stand

Grace, mercy and peace from God our Father and the Lord Jesus Christ be with you; and also with you.

Introduction Sit

Dear brothers and sisters in Christ, during Lent we have been preparing by works of love and self-sacrifice for the celebration of our Lord's death and resurrection. Today we come together to begin this solemn celebration in union with the Church throughout the world. Christ enters his own city to complete his work as our Saviour, to suffer, to die, and to rise again. Let us go with him in faith and love, so that, united with him in his sufferings, we may share his risen life.

## **Blessing of the Palms**

Stand

Please hold up palms while we pray this prayer

God our Saviour, whose Son Jesus Christ entered Jerusalem as Messiah to suffer and to die; let these palms be for us signs of his victory and grant that we who bear them in his name may ever hail him as our King, and follow him in the way that leads to eternal life, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.** 

# **Prayers of Preparation**

Sit/Kneel

Almighty God to whom all hearts are open, all desires known, and from whom no secrets are hidden: cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy name, through Christ our Lord. Amen.

## **The Great Commandments**

Sit/Kneel

Our Lord Jesus Christ said: The first commandment is this: 'Hear, O Israel, the Lord our God is the only Lord. You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.'

The second is this: 'Love your neighbour as yourself.' There is no other commandment greater than these.

On these two commandments hang all the law and the prophets.

Lord, have mercy upon us, and write all these your laws in our hearts.

## **The Collect**

Let us pray for a closer union with Christ in his suffering and in his glory.

Almighty and everlasting God, who in your tender love towards the human race sent your Son our Saviour Jesus Christ to take upon him our flesh and to suffer death upon the cross: grant that we may follow the example of his patience and humility, and also be made partakers of his resurrection; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.** 

## Youth & Children's Dismissal

Young people are invited to follow their leaders to their programming

**Worship**: My Saviour Left His Throne Above

Stand

My Saviour left his throne above,

Exchanged his wealth for poverty;

He took my hate, and gave his love,

All this and more he did for me.

Because he chose the lowly way,

And bowed before his Father's will,

I can with all assurance say,

My God is near and loves me still.

My God is near and loves me still.

He felt the storms of human pain,
He felt temptation's whelming seas,
He felt the tears of sorrow's rain,
All this and more he felt for me.
Because he knows my every strife,
And is acquainted with my grief,
I can't be shaken in this life:
The Friend of Sinners walks with me;
The Friend of Sinners walks with me.

He kept his Father's every word; The Law he followed perfectly; So all God's pleasure he secured, All this and more he earned for me. Because his righteous life is mine, And all his merits now I own, I am a child of God on high; I am adopted, loved, and known; I am adopted, loved, and known.

## **Proclamation of the Word**

## **First Reading**

Sit

A reading from the prophet Zechariah chapter nine, beginning at the ninth verse.

<sup>9</sup> Rejoice greatly, Daughter Zion!
Shout, Daughter Jerusalem!
See, your king comes to you,
righteous and victorious,
lowly and riding on a donkey,
on a colt, the foal of a donkey.
<sup>10</sup> I will take away the chariots from Ephraim
and the war-horses from Jerusalem,
and the battle-bow will be broken.
He will proclaim peace to the nations.

His rule will extend from sea to sea and from the River to the ends of the earth.

- <sup>11</sup> As for you, because of the blood of my covenant with you, I will free your prisoners from the waterless pit.
- <sup>12</sup> Return to your fortress, you prisoners of hope; even now I announce that I will restore twice as much to you.
- <sup>8</sup> He who vindicates me is near.

Who then will bring charges against me?

Let us face each other!

Who is my accuser?

Let him confront me!

<sup>9</sup> It is the Sovereign Lord who helps me.

Who will condemn me?

Zechariah 9.9-12

This is the word of the Lord.

Thanks be to God.

<u>Psalm</u> Sit

Psalm 118 will be read responsively by whole verse.

- <sup>1</sup>Give thanks to the Lord, for he is good; his love endures for ever.
- <sup>2</sup>Let Israel say:

'His love endures for ever.'

- <sup>19</sup> Open for me the gates of the righteous; I will enter and give thanks to the Lord.
- <sup>20</sup> This is the gate of the Lord through which the righteous may enter.
- <sup>21</sup>I will give you thanks, for you answered me; you have become my salvation.
- <sup>22</sup>The stone the builders rejected has become the cornerstone;

- <sup>23</sup> the Lord has done this, and it is marvellous in our eyes.
- <sup>24</sup>The Lord has done it this very day; let us rejoice today and be glad.

Psalm 118.1-2, 19-24

Glory to the Father, and to the Son, and to the Holy Spirit; As it was in the beginning, is now, and ever shall be, world without end. Amen.

## **Second Reading**

Sit

A reading from St. Paul's Letter to the Philippians, chapter two, beginning at the fifth verse.

- <sup>5</sup> In your relationships with one another, have the same mindset as Christ Jesus:
- <sup>6</sup> who, being in very nature God, did not consider equality with God something to be used to his own advantage;
- <sup>7</sup> rather, he made himself nothing by taking the very nature of a servant, being made in human likeness.
- And being found in appearance as a man, he humbled himself
   by becoming obedient to death –
   even death on a cross!
- <sup>9</sup>Therefore God exalted him to the highest place and gave him the name that is above every name,
- <sup>10</sup> that at the name of Jesus every knee should bow, in heaven and on earth and under the earth.
- <sup>11</sup> and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.

Philippians 2:5-11

This is the word of the Lord.

Thanks be to God.

Gospel Acclamation: Wait for The Lord, Taizé Community

Stand

Wait for the Lord, his day is near.

Wait for the Lord, keep watch, take heart.

## **The Palm Gospel**

Stand

Hear the Gospel of our Lord Jesus Christ according to Mark chapter eleven, beginning at the first verse.

Glory to you, O Lord.

11 As they approached Jerusalem and came to Bethphage and Bethany at the Mount of Olives, Jesus sent two of his disciples, <sup>2</sup> saying to them, 'Go to the village ahead of you, and just as you enter it, you will find a colt tied there, which no one has ever ridden. Untie it and bring it here. <sup>3</sup> If anyone asks you, "Why are you doing this?" say, "The Lord needs it and will send it back here shortly."

<sup>4</sup>They went and found a colt outside in the street, tied at a doorway. As they untied it, <sup>5</sup> some people standing there asked, 'What are you doing, untying that colt?' <sup>6</sup>They answered as Jesus had told them to, and the people let them go. <sup>7</sup>When they brought the colt to Jesus and threw their cloaks over it, he sat on it. <sup>8</sup>Many people spread their cloaks on the road, while others spread branches they had cut in the fields. <sup>9</sup>Those who went ahead and those who followed shouted,

'Hosanna!'

'Blessed is he who comes in the name of the Lord!'

<sup>10</sup> 'Blessed is the coming kingdom of our father David!'

'Hosanna in the highest heaven!'

<sup>11</sup> Jesus entered Jerusalem and went into the temple courts. He looked around at everything, but since it was already late, he went out to Bethany with the Twelve.

Mark 11.1-11

This is the Gospel of the Lord.

Praise to you, O Christ.

**Gospel Acclamation** continued

## The Nicene Creed

Stand

Do you believe and trust in God the Father?

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

Do you believe and trust in his Son Jesus Christ?

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father; through him all things were made. For us and for our salvation he came down from heaven, was incarnate from the Holy Spirit and the Virgin Mary and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

Do you believe and trust in the Holy Spirit?

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is worshipped and glorified, who has spoken through the prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

#### Stand

Worship: Take My Heart With Altar Fire

All seeing God, you see my deeds;

You see my faults by light of day.

You see my sins concealed in darkness:

Turn my deeds to holy ways;

Turn my deeds to holy ways.

All hearing God, you hear my words;

You hear each lie, each hurtful phrase.

You hear my pride in secret slander:

Turn my tongue to truth and grace;

Turn my tongue to truth and grace.

Take away my love of sinning,

Straighten every bent desire;

Fix my soul upon your promise:

Take my heart with altar fire;

Take my heart with altar fire.

All knowing God, you know my heart;

You know my yearnings deep inside;

You know my hidden motivations:

Turn my heart to pure delight;

Turn my heart to pure delight.

Fire of God, consume my heart;

And burn it down to only faith,

Til all that's left of me is only you.

Christ my glory, Christ my praise. x2

## Sermon

Sit

The Rev. Canon Mark Regis, Rector (Sr. Pastor)

You can also view our sermons again online at stmaryandstmartha.org

## The Silence of Lent

Sit

Offertory Sit

In our offertory we offer our praise and thanksgiving and the gifts of bread and wine to the glory of God. We also offer our financial support to the ongoing gospel ministry of St. Mary & St. Martha.

For electronic means of giving, visit our website at:

#### www.stmaryandstmartha.org/give

Everything we do it made possible by those who give, serve, and pray.

## Offertory Worship: My Song is Love Unknown

Sit

My song is love unknown, my Saviour's love for me; love to the loveless shown that they might lovely be: O who am I, that for my sake my Lord should take frail flesh and die?

He came from his blest throne salvation to bestow; but all made strange, and none the longed-for Christ would know: but O my friend, my friend indeed, who at my need his life did spend!

Sometimes they strew his way and his sweet praises sing, resounding all the day hosannas to their King: then 'Crucify!' is all their breath, and for his death they thirst and cry.

Why, what has my Lord done?
What makes this rage and spite?
He made the lame to run,
he gave the blind their sight.
Sweet injuries! Yet they at these
themselves displease, and 'gainst him rise.

#### Stand

## Prayer at the Preparation of the Table

Merciful Father, turn us from sin to faithfulness and from disobedience to love, and prepare us to celebrate the death and resurrection of Christ our Saviour who is alive and reigns, now and for ever. **Amen.** 

## **The Doxology**

Stand

Praise God from whom all blessings flow!
Praise Him all creatures here below!
Praise Him above ye heavenly host!
Praise Father, Son and Holy Ghost. Amen.

Lord God of all, accept our offering of money this day, but also the offering of our lives. Help us to live simply, generously, and courageously, that our lives may point to you. **Amen.** 

## **Prayers of Intercession**

Sit/Kneel

Remaining in God's presence let us pray together, responding to the petition, "Let us pray to the Lord" with the response, "Lord, have mercy."

We stand with Christ in his suffering.

For forgiveness for the many times we have denied Jesus, Let us pray to the Lord; Lord, have mercy.

For grace to seek out those habits of sin which mean spiritual death, and by prayer and self-discipline to overcome them, Let us pray to the Lord; **Lord**, **have mercy**.

For Christian people, that through the suffering of disunity there may grow a rich union in Christ,

Let us pray to the Lord; Lord, have mercy.

For those who make laws, interpret them, and administer them, that our common life may be ordered in justice and mercy, Let us pray to the Lord; **Lord**, **have mercy**.

For those who still make Jerusalem a battleground, Let us pray to the Lord; **Lord**, **have mercy**.

For those who have the courage and honesty to work openly for justice and peace,

Let us pray to the Lord; Lord, have mercy.

For those in the darkness and agony of isolation, that they may find support and encouragement,

Let us pray to the Lord; Lord, have mercy.

For those who, weighed down with hardship, failure, or sorrow, feel that God is far from them,

Let us pray to the Lord; Lord, have mercy.

For those who are tempted to give up the way of the cross, Let us pray to the Lord; **Lord**, **have mercy**.

That we, with those who have died in faith, may find mercy in the day of Christ,

Holy God, holy and strong, holy and immortal, have mercy upon us.

## **Prayers of Penitence**

Sit/Kneel

If anyone sins, we have an advocate with the Father, Jesus Christ the righteous; and he is the propitiation for our sins, and not for ours only, but also for the sins of the whole world. In penitence and faith, let us confess our sins:

Almighty God, Father of our Lord Jesus Christ, maker of all things, judge of all, we acknowledge and confess our many sins, which we have committed by thought, word, and deed, against your divine majesty. We earnestly repent and are truly sorry for all our misdoings.

Have mercy on us, most merciful Father. For your Son our Lord Jesus Christ's sake forgive us all that is past, and grant that from now on we may always serve and please you in lives wholly renewed by your Spirit, to the honour and glory of your name, through Jesus Christ our Lord. Amen.

Almighty God our heavenly Father, who in his great mercy has promised forgiveness of sins to all who turn to him with heartfelt repentance and true faith: have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to eternal life, through Jesus Christ our Lord. **Amen.** 

<u>Consecration</u> Sit/Kneel

Listen to our Lord Jesus Christ's words of assurance to all who truly turn to him:

Come to me, all you who are weary and burdened, and I will give you rest.

Matthew 11. 28

For God so loved the world that he gave his one and only Son that whoever believes in him shall not perish but have eternal life.

John 3. 16

The apostle Paul says: Here is a trustworthy saying that deserves full acceptance: Christ Jesus came into the world to save sinners.

1 Timothy 1. 15

The apostle John also says: If anybody does sin, we have one who speaks to the Father in our defence-Jesus Christ, the Righteous One. He is the atoning sacrifice for our sins.

1 John 2. 1-2

The Lord be with you and also with you.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

It is right to give him thanks and praise.

It is indeed right and just, our duty and our salvation, always and everywhere to give you thanks, holy Father, almighty and eternal God, through Jesus Christ our Lord. For as the time of his passion and resurrection draws near the whole world is called to acknowledge his hidden majesty. The power of the lifegiving cross reveals the judgement that has come upon the world and the triumph of Christ crucified. He is the victim who dies no more, the Lamb once slain, who lives for ever, our advocate in heaven to plead our cause, exalting us there to join with angels and archangels, for ever praising you and singing:

Holy, holy, holy Lord, God of power and might, heaven and earth of your glory are full. Hosanna hosanna hosanna in the highest.

Blessed is he who comes in the name of the Lord. (repeat)

Almighty God, our heavenly Father, in your tender mercy you gave your only Son Jesus Christ to suffer death upon the cross for our redemption. He made there, by his once and for all offering of himself, a full, perfect, and sufficient sacrifice for the sins of the whole world. He instituted and in his holy gospel commands us to continue a perpetual memory of his precious death until he comes again.

Hear us, O merciful Father, we humbly pray, and grant that we who receive this bread and wine according to your Son Jesus Christ's holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood.

On the night that Jesus was betrayed he took bread and, when he had given thanks, he broke it and gave it to his disciples, saying:

Take, eat; this is my body which is given for you. Do this in remembrance of me.

In the same way, after supper, Jesus took the cup and, when he had given thanks, he gave it to them, saying:

Drink this, all of you; this is my blood of the new covenant which is shed for you and for many for the forgiveness of sins. Do this, as often as you drink it, in remembrance of me.

Accept through Jesus Christ, our great high priest, this our sacrifice of praise and thanksgiving; and as we eat and drink these holy gifts, grant by the power of the life-giving Spirit that we may be made one in your holy Church and partakers of the body and blood of your Son, that he may dwell in us and we in him: Through the same Jesus Christ our Lord, by whom, and with whom, and in whom, in the unity of the Holy Spirit, all honour and glory are yours, Almighty Father, for ever and ever. **Amen.** 

Once we were far off, but now in union with Christ Jesus we have been brought near through the shedding of Christ's blood, for he is our peace.

The Peace of the Lord be always with you and also with you.

We do not presume to come to this your table, merciful Lord, trusting in our own righteousness, but in your abundant and great mercies. We are not even worthy to gather up the crumbs under your table. But you are the same Lord who delights in showing mercy. Grant us, therefore, gracious Lord, so to eat this bread and to drink this wine, that our bodies and souls may be cleansed by Christ's body and blood, and that we may evermore dwell in him, and he in us. Amen.

In person and at home, together, we share in this heavenly meal and declare; **though we are many, we are one body, because** we all share in one bread.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, have mercy on us.

Lamb of God, you take away the sin of the world, grant us peace.

Draw near with faith. Receive the body of our Lord Jesus Christ which he gave for you, and his blood which he shed for you.

Eat and drink in remembrance that he died for you, and feed on him in your hearts by faith with thanksgiving.

<u>Communion</u> Sit

All those who have placed their trust in Jesus as Saviour and Lord, being baptized in any Christian denomination, are welcome to the Lord's table. Please follow the directions of our welcome team. Gluten-free wafers are available upon request from the communion administrant.

<u>Communion Worship</u>: Let Us Break Bread Together Let us break bread together on our knees, Let us break bread together on our knees.

When I fall on my knees with my face to the rising sun, O Lord, have mercy on me.

Let us drink wine together on our knees, Let us drink wine together on our knees.

Let us praise God together on our knees, Let us praise God together on our knees. **Communion Worship**: At the Name of Jesus

At the Name of Jesus every knee shall bow, every tongue confess him King of glory now; 'tis the Father's pleasure we should call him Lord, who from the beginning was the mighty Word.

Humbled for a season to receive a name from the lips of sinners unto whom he came, faithfully he bore it spotless to the last, brought it back victorious when from death he passed;

Name him, Christians, name him, with love strong as death, but with awe and wonder, and with bated breath; he is God the Saviour, he is Christ the Lord, ever to be worshipped, trusted, and adored.

In your hearts enthrone him; there let him subdue all that is not holy, all that is not true; crown him as your Saviour in temptation's hour; let his will enfold you in its light and power.

Christians, this Lord Jesus shall return again, with his Father's glory, with his angel train; for all wreaths of empire meet upon his brow, and our hearts confess him King of Glory now.

## **The Lord's Prayer**

Sit/Kneel

Standing at the foot of the cross, as our Saviour taught us, so we pray,

Our Father who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

## Sit/Kneel

## **Prayer After Communion**

Lord Jesus Christ, you humbled yourself in taking the form of a servant, and in obedience died on the cross for our salvation: give us the mind to follow you and to proclaim you as Lord and King, to the glory of God the Father. **Amen.** 

Faithful God, may we who share this banquet glory in the cross of our Lord Jesus Christ, our salvation, life and hope, who reigns as Lord now and for ever. Amen.

# **The Sending**

The Blessing Sit/Kneel

May the Father, who so loved the world that he gave his only Son, bring you by faith to his eternal life. **Amen.** 

May Christ, who accepted the cup of sacrifice in obedience to the Father's will, keep you steadfast as you walk with him the way of his cross. **Amen.** 

May the Spirit, who strengthens us to suffer with Christ that we may share his glory, set your minds on life and peace. **Amen.** 

And the blessing of God almighty, the Father, the Son, and the Holy Spirit, be among you and remain with you always. **Amen.** 

## **Announcements**

Sit

<u>Closing Worship</u>: Ride On, Ride On in Majesty

Stand

Ride on, ride on in majesty!

Hark! all the tribes "Hosanna" cry;

O Saviour meek, pursue thy road with palms and scattered garments strowed.

Ride on, ride on in majesty!

In lowly pomp ride on to die;

O Christ, thy triumphs now begin o'er captive death and conquered sin.

Ride on, ride on in majesty!
The angel-squadrons of the sky
look down with sad and wondering eyes
to see the approaching sacrifice.

Ride on, ride on in majesty!
Thy last and fiercest strife is nigh;
the Father on his sapphire throne
awaits his own anointed Son.

Ride on, ride on in majesty! In lowly pomp ride on to die; bow thy meek head to mortal pain, then take, O God, thy power, and reign.

The Dismissal Stand

**Evangelist** Then the assembly rose as a body and brought Jesus before Pilate. They began to accuse him.

Priests We found this man perverting our nation, forbidding us to pay taxes to the emperor, and saying that he himself is the Messiah, a king.

**Pilate** Are you the king of the Jews?

Jesus You say so.

**Pilate** (to the priests) I find no basis for an accusation against this man.

Priests (urgently) He stirs up the people by teaching throughout all Judea, from Galilee where he began even to this place.

**Evangelist** When Pilate heard this, he asked whether the man was a Galilean. And when he learned that he was under Herod's jurisdiction, he sent him off to Herod, who was himself in Jerusalem at that time.

When Herod saw Jesus, he was very glad, for he had been wanting to see him for a long time, because he had heard about him and was hoping to see him perform some sign. He questioned him at some length, but Jesus gave him no answer. The chief priests and the scribes stood by, vehemently accusing him. Even Herod with his soldiers treated him with contempt and mocked him; then he put an elegant robe on him and sent him back to Pilate. That same day Herod and Pilate became friends with each other; before this they had been enemies.

Pilate then called together the chief priests, the leaders, and the people, and said to them,

**Pilate** You brought me this man as one who was perverting the people; and here I have examined him in your presence and have not found this man guilty of any of your charges against him. Neither has Herod, for he sent him back to us. Indeed, he has done nothing to deserve death. I will therefore have him flogged and release him.

**Evangelist** Then they all shouted out together,

Priests Away with this fellow! Release Barabbas for us!

**Evangelist** This was a man who had been put in prison for an insurrection that had taken place in the city, and for murder. Pilate, wanting to release Jesus, addressed them again; but they kept shouting,

Priests Crucify, crucify him!

# Weekly Announcements

(see the Weekly Happenings email for further information)

**Welcome** to all those who are new or visiting St. Mary & St. Martha - we are glad you are here! To find out more about SM&SM, please fill out a connection card from the welcome desk for scan the QR code to fill out an online, you may also speak with a member of the Ministry Team (anyone with a name tag). We also have a weekly newsletter with all the updates about life at SM&SM. Email the office (office@stmaryandstmartha.org) or visit our website (stmaryandstmartha.org) to subscribe. We are excited to meet you!

**Young People** jk to grade 12 are invited to participate Children's and Youth Ministry today and will be dismissed to their programming. There is an updated **Play & Praise area** available at the back of the sanctuary with toys and activities for families.

**Support for WAES Food Bank** Holy Week & Easter Season we're focusing on gathering items support meals for large families; large bags of beans and rice, value size jars of pasta sauce, family size bags of pasta, large size boxes of cereal and oatmeal, and grocery store gift cards. Your support makes a tangible difference.

## Wednesday Prayer & Tenebrae Worship

March 27th drop-in prayer between Noon & 8pm, Candle Light Service at 7pm Contemplative Day of Preparation

## Maundy Thursday

March 28th, worship service at 7pm with a simple supper at 6pm The Last Supper and Betrayal of Jesus

## **Good Friday**

March 29th, 10:30am with Children's Program
At the foot of the Cross

# **Easter Sunday**

March 31st, 10:30am Celebration of the Resurrection Worship: Sunday @ 10:30am Wednesday @ noon

### **Ministry Team**

The Rev. Canon Mark Regis, Rector | mark@stmaryandstmartha.org | 647 272 4574

Michael Brain, Parish Ministry Coordinator | michael@stmaryandstmartha.org

Avery MacGregor, Family Ministries Pastor | avery@stmaryandstmartha.org

Nicholas Wanstall, Music Ministry Director | nick@stmaryandstmartha.org

#### **Wardens**

Cate Gardner, People's Warden Shirley Radley, Deputy Warden Fitzroy Thomas, Rector's Warden Queenie Seiloa, Deputy Warden

Parish Office is opened Monday through Thursday 10:30am - 3:30pm



@stmaryandstmartha

<u>stmaryandstmartha.org</u>

